

# Country Dance Step Sheet



## *Bayou City Twister*

Type: Four Wall  
Level: Intermediate  
Count: 32  
Starting Position: Lines facing the same direction  
Created by : Alfred Watkins  
Suggested Music: Dance – Twister Alley

### **R Heel, Together, L Heel, Together**

- 1) Touch R heel forward
- 2) Bring R foot back next to L
- 3) Touch L heel forward
- 4) Bring L foot back next to R

### **R Heel Forward, R Toe Back, Turn ½ and Hook**

- 1) Touch R heel forward
- 2) Touch R toe back
- 3) Turn ½ to R (Clockwise)
- 4) Hook R foot in front of L

### **Shuffle Step Forward, Rock Step**

- 1&2) Shuffle Step forward (R-L-R)
- 3) Step forward on R foot
- 4) Step back on L foot

### **Shuffle Step Back and Turn**

- 1&2) Shuffle Step Back (L-R-L)
- 3) Step back on R foot while turning ½ to R (clockwise)
- 4) Stomp L foot next to R

### **Grapevine R, Turn ¼ R**

- 1) Step to R on R foot
- 2) Step behind R on L foot
- 3) Step to R on R foot while turning ¼ to R (clockwise)
- 4) Stomp L foot next to R

### **Jump out, Jump-cross, Turn and Kick**

- 1) Jump to stride position
- 2) Jump to cross R leg in front of L
- 3) Turn ½ to L (counter clockwise)
- 4) Kick L foot back

### **Shuffle Step Forward, Pivot L**

- 1&2) Shuffle Step forward (L-R-L)
- 3) Step forward on R foot
- &) Pivot ½ to L (counter clockwise)
- 4) Shift weight onto L foot

### **Rock Step and Turn R, Stomp**

- 1) Step forward on R foot
- 2) Step back on L foot
- &) Turn  $\frac{1}{2}$  to R (clockwise)
- 3) Step forward on R foot
- 4) Stomp L foot next to R

**Repeat dance  $\frac{1}{4}$  to L of starting position.**