

## Country Dance Step Sheet

# *Chompin' at the Bit*

Type: 2 Wall  
Level: Intermediate  
Count: 48  
Starting Position: Lines facing the same direction.  
Choreography by: Larry Bass  
Suggested Music: Up - Shania Twain



### **2 Kick Ball Changes and Pivots**

1 Kick R forward  
& Step next to L on R  
2 Shift weight onto L  
  
3 Kick R forward  
& Step next to L on R  
4 Shift weight onto L

**Pivots** 1 Step forward on R  
& Pivot 1/2 to L  
2 Shift weight onto L  
  
3 Step forward on R  
& Pivot 1/2 to L  
4 Shift weight onto L

### **Shuffle Steps R and L with Rock Steps**

1&2 Shuffle step to R (R-L-R)  
3 Rock back on L  
4 Rock forward on R  
  
1&2 Shuffle step to L (L-R-L)  
3 Rock back on R  
4 Rock forward on L

### **Syncopated Step Slides**

1 Step forward on R  
& Step next to R on L  
2 Step forward on R  
& Step next to R on L  
3 Step forward on R  
& Step next to R on L  
4 Stomp R foot

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### **Pivot 1/2, Shuffle Steps, Pivot 1/2**

- 1 Step forward on L
- & Pivot 1/2 to R
- 2 Shift weight onto R
  
- 3&4 Shuffle step forward (R-L-R)
- 5&6 Shuffle step forward (L-R-L)
  
- 7 Step forward on L
- & Pivot 1/2 to R
- 8 Shift weight onto R

### **Shuffle Step Forward and 360 Spin L**

- 1&2 Shuffle step forward (L-R-L)
- 3
- 4

### **Rock Step with 1/4 Turn and Cha Cha's**

- 1 Rock forward on R
- 2 Rock back on L while turning 1/4 R
- 3&4 Step in place R-L-R

### **Pivot 1/4 with Cha Cha's**

- 1 Step forward on L
- & Pivot 1/4 to R
- 2 Shift weight onto R
- 3&4 Step in place L-R-L

### **Syncopated Jumps with Claps**

- & Step forward on R
- 1 Step forward on L
- 2 Clap hands
- & Step back on R
- 3 Step back on L
- 4 Clap hands

### **Out, Out, In, In, Out, Out, In, In**

- & Step out to R on R
- 1 Step out to L on L
- & Step in to center on R
- 2 Step in to center on L
  
- & Step out to R on R
- 3 Step out to L on L
- & Step in to center on R
- 4 Step in to center on L

### **Repeat dance facing opposite direction of starting position**