

Country Dance Step Sheet

Stationary Cha Cha



Type: 4 Wall Couples Dance
Level: Intermediate Social Dance
Count: 28
Starting Position: Lines facing the same direction.*
Choreography by: (unknown)
Suggested Music: Something Stupid – The Mavericks
I Should Have Been True - The Mavericks
Easy Come, Easy Go – George Strait
Old Country - Mark Chesnutt

Couple begin in dancing skaters position,, standing side by side, left hand in left hand, right hand in right at FOLLOWS waist. Some folks do this dance in regular of side-by-side. Dancing skaters adds some flair to the turns.

STEP R, ROCK BACK L, CHA-CHA BACK R

1-2 Rock step forward Right, recover weight to Left
3&4 Shuffle back (RLR)

STEP BACK L, ROCK FORWARD R, CHA-CHA L AND 1/2 TURN R

5-6 Rock step back Left, recover weight to Right
7 Face 1/4 turn right and step on Left
& Step together Right
8 Face 1/4 turn right and step on Left

As the couple turns, the left hands move to the FOLLOW'S left hip as the right hands rise in front of the LEAD. Likewise when you turn back let them flow back to original position.

STEP BACK R, ROCK FORWARD L, CHA-CHA R AND 1/2 TURN L

9-10 Rock step back Right, recover weight to Left
11 Face 1/4 turn left and step on Right
& Step together Left
12 Face 1/4 turn left and step on Right

STEP BACK L, ROCK FORWARD R, CHA-CHA L AND 1/4 TURN R

13-14 Rock step back Left, recover weight to Right

FOLLOWS:

15&16 Shuffle in place turning 1/4 turn right (LRL)

LEADS:

15 Long step Left diagonally forward right
& Face 1/4 turn right and step together Right
16 Step together Left

If your FOLLOW tries to cha-cha forward on these steps, a very gentle pull on their right hand will tend to make them turn in-place. Another advantage of the dancing skaters position.

STEP R, 1/2 TURN L, CHA-CHA R, STEP L, 1/2 TURN R

17-18 Step forward Right, 1/2 turn left
19&20 Shuffle forward (RLR)
21-22 Step forward Left, 1/2 turn right

STEP L, ROCK R, L, R, CHA-CHA L

23-24 Step forward Left, rock back Right
25-26 Rock forward Left, rock back Right
27&28 Shuffle forward (LRL)

REPEAT