

Country Dance Step Sheet



Tahoe Kick

Type: 4 Wall

Level: Beginner

Count: 36

Starting Position: Lines facing the same direction

Choreography by: Unknown

Suggested Music: Down at the Twist and Shout - Mary Chapin Carpenter

R Heel, Together, L Heel, Together, Heel Splits (2)

- 1) Touch R heel forward
- 2) Step R foot next to L foot
- 3) Touch L heel forward
- 4) Step L foot next to R foot
- 5) Spread heels apart
- 6) Bring heels back together
- 7) Spread heels apart
- 8) Bring heels back together

R Hook, L Hook

- 1) Touch R heel forward
- 2) Hook R foot in front of L leg
- 3) Touch R heel forward
- 4) Step R foot next to L
- 5) Touch L heel forward
- 6) Hook L foot in front of R leg
- 7) Touch L heel forward
- 8) Step L foot next to R

Heel Shifts

- 1) Shift heels to L
- 2) Shift heels to R
- 3) Shift heels to L
- 4) Shift heels to center

R Tahoe, L Tahoe

- 1) Touch R heel forward
- 2) Cross R foot behind L leg (and slap boot with L hand)
- 3) Touch R heel forward
- 4) Step R foot next to L
- 5) Touch L heel forward
- 6) Cross L foot behind R leg (and slap boot with R hand)
- 7) Touch L heel forward
- 8) Touch L foot next to R (weight remains on R foot)

Step forward, Hitch, Step back, Turn

- 1) Step forward on L foot
- 2) Hitch R knee up
- 3) Step back on R foot
- 4) Hitch L knee up and Turn 1/4 to L

Grapevine L, Stomp

- 1) Step to L on L foot
- 2) Step behind L on R foot
- 3) Step to L on L foot
- 4) Stomp R foot next to L foot

Repeat dance 1/4 to L of starting position