

Country Dance Step Sheet

UNO, DOS, TRES

Type: 4 Wall line dance
Level: Intermediate
Count: 32
Choreography by: Sherry McClure
Suggested Music: Maria - Ricky Martin



ROCK SIDE ROCK STEP, CROSS TRIPLE, LEFT SIDE ROCK STEP, CROSS TRIPLE

- 1-2 Step (rock) right foot to right side, shift (rock) weight onto left foot
3&4 Step (cross) right foot in front of left foot, while keeping feet in a crossed position step left with left foot, with feet still crossed step left with right foot (weight is on right)
5-6 Step (rock) left foot to left side, shift (rock) weight onto right foot
7&8 Step (cross) left foot in front of right foot, while keeping feet in a crossed position, step right with right foot, with feet still crossed step right with left foot (weight is on left)

TOUCH RIGHT, TOUCH LEFT, TOUCH FORWARD, TOUCH BACK

- 9&10& touch (point) right foot to right side, step right foot next to left foot, touch (point) left foot to left side, step left foot next to right foot
11&12 Touch right heel forward at 45° angle right, step right foot next to left foot, touch (point) left foot back at 45° angle left

KICK BALL STEP, KICK BALL STEP

- 13&14 Kick left foot forward, step ball of left next to right foot, step right foot forward
15&16 Repeats count 13&14

STEP TURN, ROCK STEP, ROCK STEP, SHUFFLE FORWARD

- 17-18 Step left foot forward, pivot 1/2 turn right (weight is on right)
19-20 Step (rock) forward with left foot, shift (rock) weight onto right foot
21-22 Repeat count 19-20 or do a two count body roll ending with weight on right foot
23&24 Step foot forward, slide right foot up to left foot, step left foot forward

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ROCK STEP, TRIPLE STEP, ROCK STEP, COASTER CROSS

- 25-26 Step (rock) forward with right foot, shift (rock) weight onto left foot
- 27&28 Make a 3/4 turn to the right (clockwise) while tripling in place right, left, right (weight is on right)
- 29-30 Step (rock) forward with left foot, shift (rock) weight onto right foot
- 31&32 Step back with left foot, step right foot next to left foot, cross left foot in front of right foot

REPEAT